

# Sea Bass

Serving Size 3 oz/raw

## Amount Per Serving

**Calories** 82 Calories from Fat 15

**% Daily Value\***

**Total Fat** 2g 3%

Saturated Fat 0g 2%

Trans Fat

**Cholesterol** 35mg 12%

**Sodium** 58mg 2%

**Total Carbohydrate** 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

**Protein** 16g

Vitamin A 3% • Vitamin C 0%

Calcium 1% • Iron 1%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. © www.NutritionData.com



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